

# COVID-19 Policies

**Upon entering Solaris Sports, you agree to the following:**

1. Wash or sanitize your hands upon entering and exiting the Club
  2. Wear your face covering at all times, even while exercising.
  3. Maintain a physical distance of at least 6 feet
  4. Sanitize all equipment before and after use
  5. Answer state mandated health screening questions.
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**September 8, 2020 opening date**

**Hours of Operation**

Monday-Friday 6:00 am–8:00 pm

Saturday & Sunday 7:00am – 4:00pm

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**We have taken enhanced health and safety measures. We are following CDC and NYS guidelines and open at 33% capacity.**

- Members Only until further notice. No guests allowed.
- Members must wash or sanitize their hands upon entering and exiting the Club.
- Members are required to wear face coverings at all times, even during physical activity. Members must provide their own face coverings. Bandanas and gaiters are not acceptable.
- Members must maintain a physical distance of at least 6 feet from other members.
- Members will be required to wipe down equipment and surfaces before and after use.
- All PPE must be disposed of in a trash receptacle.
- Usage of the Club by members is requested to 90 minutes maximum to assure all members can access the Club in a timely manner.
- Members will use a touch less scan in process to scan their key card barcode or their barcode from their phone.
- Water fountains throughout the building will be turned off until further notice.

- Showers and saunas are closed.
- Towel service is temporarily discontinued.
- Daily cleaning protocols have been updated to match the CDC and New York State guidelines, including a high tech fogger sanitizing machine for deep cleaning. Additional refill stations for wipes, sprays and bottles will be accessible all around the Club.
- All team members are dedicated to clean, sanitize, disinfect high touch areas, door handles, equipment etc
- Some cardio equipment has been removed and unplugged from the Fitness Center to adhere to physical distancing.
- Limited locker room usage permitted at this time. Locker usage is limited and to adhere with social distancing, lockers with designated signage on them may only be used.
- Our air handling system meets the required Merv-13 filtration as required by NYS.

### **Sports and Parties**

- Basketball and Soccer will be permitted, but on a limited basis.
- Parties will not be allowed until further notice.

### **Nursery**

- Will be closed until further notice.

### **Group Exercise**

- Class schedule is posted – effective 9/26/2020. The studio has been configured to 6+ feet per spot for social distancing. All equipment used is sanitized between classes. Masks must be worn. Space is limited per class. Register through our member portal <http://member.solaris.fit> to create your account. Once your account is created & confirmed you will be able to reserve a spot in your class.